



ON DEMAND | 3 HRS

# Fresh & Clean

DIY Workshop

Learn how to make natural products for daily cleansing and cleaning.

By making your own self-care products you will reduce your environmental impact and avoid toxic chemicals.

Homemade products also make lovely gifts for loved ones.

You will be guided into hand-crafting soap, salt scrub, body butter, salve and tooth paste that you can take home.

All products are created from unprocessed, organic ingredients with nourishing properties and you will receive a recipe collection for later use.

You will also get useful tips for how to continue experimenting with future product creations and fine-tune the original recipes according to personal preference.



**Caroline Yazı | Holistic Life Coach**

I offer inspiration and support for a holistic lifestyle to motivated individuals and groups.

[www.carolineyazi.com](http://www.carolineyazi.com)